

Crisis Navigation in TR Schools



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This self-paced course will assist school leaders in creating and strengthening a site crisis navigation team. The training applies trauma-informed principles to organize an effective crisis navigation response.

Learning Outcomes

- » Identify the foundations of a trauma-informed, resilience-oriented approach to support prevention and mitigate a crisis.
- » Encourage input from school community members, staff, students, and families regarding risks and resources.
- » Describe how a trauma-informed, resilience-oriented school crisis navigation system is created and maintained.
- » Identify ways that the crisis team can act as a trauma-informed group to create systems of communication and action during a crisis.

Key Takeaways

- ✓ A crisis navigation team consists of a group of individuals responsible for emergency management and effective implementation of safety and security policies, programs, directives, and training within their district or school.
- ✓ Safety is integral to being able to work calmly, focus, and learn. It's important to consider physical, academic, emotional, behavioral, social, and moral safety in your crisis plans.
- ✓ Look at crisis navigation in a broader way, rather than just the incident that you're facing at that time.
- ✓ Consider cultural differences in how threats and events are perceived and responded to by members of different communities. Involve key members of the school community, caregivers, and first responders in your crisis planning process.
- ✓ By incorporating trauma-informed, resilience-oriented school principles throughout the phases of crisis navigation, you can create a culture that decreases incidents, promotes awareness, and builds individual resiliency.
- ✓ Leverage data to improve your crisis navigation system. Reflect on what is working and what is challenging through engaging in conversations and gathering surveys. Strive for continuous improvement.

Additional Resources

[Trauma-Informed, Resilience-Oriented Schools \(TR\) Toolkit](#) - This Toolkit outlines a framework for implementing trauma-informed, resilience-oriented approaches in any school or school district.

[Trauma-Informed, Resilience-Oriented Schools Review Tool for School Policies, Protocols, Procedures & Documents](#) - Tool to aid in aligning policies, protocols, and procedures with a trauma-informed lens.

Questions for Discussion

- » How are trauma-informed, resilience-oriented principles reflected in your school's crisis plans?
- » Are your crisis procedures addressing all kinds of safety (e.g., physical, emotional)?
- » How do staff respond in a crisis? Would providing support in managing stressors be helpful?

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