

# Systematic Review: Post-Crisis Interventions

As crises continue to occur in schools across the country, post-crisis interventions are an important practice in addressing the psychological and physical well-being of students, faculty, and staff.

[In this video](#), we share promising research into the effectiveness of post-crisis interventions, including key findings and recommendations from a systematic review conducted by the National Center for School Safety team.

## Learning Outcomes

- » Summarize the importance of post-crisis interventions in schools.
- » Explain why the recommendations made in the review are important.
- » Compare the recommendations from the systematic review with your school's post-crisis intervention plan



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## Key Takeaways

This systematic review looks at evidence from the last 20 years of school-based post-crisis interventions to see how effective they were at improving student and staff well-being.

### Recommendations based on the review:

- Crisis intervention teams should include people within and outside the school.
- Crisis intervention team roles should be stated explicitly.
- Intervention planning should be viewed as an ongoing and evolving process.

There is not clear systematic evidence about the effectiveness of post-crisis interventions, so more research is needed.

## Additional Resources

[Sokol, R. et al. \(2021\). Crisis interventions in schools: A systematic review. \*Journal of School Violence\*, 20\(2\), 241-260. <https://www.tandfonline.com/doi/full/10.1080/15388220.2021.1879098>](#) - This is the full systematic review that informed the video and this summary.

[Guide for Developing High-Quality School Emergency Operations Plans](#) (also known as the School Guide) - This guide was prepared by teams from the U.S. Departments of Education, Health and Human Services, Homeland Security, Justice, the FBI, and FEMA. Schools can use this guide to create new plans or revise existing plans and align their practices with those at national, state, and local levels.

## Questions for Discussion

- » Who is involved with your school's post-crisis intervention? Is anyone missing from the discussion?
- » Where and how are crisis intervention team roles stated? Do all members understand their responsibilities?
- » When was the last time your school reviewed its plan? When is the next time you will review the plan? What would cause there to be a change in the plan?

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